

Appendix 8 List of Procedures

A procedure (see Appendix 4) consists of a treatment (with or without equipment or apparatus) which *does* require the physical therapist's personal continuous attendance. Treatments which are considered procedures for payment purposes include, but are not limited to, the following.

Hydrotherapy

- ✓ Contrast bath.
- ✓ Hubbard tank (supervised).
- ✓ Whirlpool (supervised).
- ✓ Walking tank.
- ✓ Mat exercises.
- ✓ Neurodevelopmental exercise.
- ✓ Neuromuscular exercise.
- ✓ Postnatal exercises.
- ✓ Postural exercises.

Electrotherapy

- ✓ Biofeedback.
- ✓ Electrical stimulation (supervised).
- ✓ Electrogalvanic stimulation.
- ✓ Iontophoresis (ion transfer).
- ✓ Transcutaneous nerve stimulation (T.N.S.) (supervised).
- ✓ Hyperstimulation analgesia.
- ✓ Interferential current.
- ✓ Prenatal exercises.
- ✓ Range of motion exercises.
- ✓ Relaxation exercises.
- ✓ Relaxation techniques.
- ✓ Thoracic outlet exercises.
- ✓ Stretching exercise.
- ✓ Preambulation exercises.
- ✓ Pulmonary rehabilitation program.
- ✓ Stall bar exercise.

Exercise

- ✓ Peripheral vascular exercise (Beurger-Allen).
- ✓ Breathing exercises.
- ✓ Cardiac rehabilitation includes the following:
 - Immediate post-discharge from hospital.
 - Conditioning rehabilitation program.
- ✓ Codman's exercise.
- ✓ Coordination exercises.
- ✓ Exercise therapeutic (active, passive, active assistive, resistive).
- ✓ Frenkel's exercise.
- ✓ In-water exercises.
- ✓ Back exercises.
- ✓ Phonophoreses.

Mechanical Apparatus

- ✓ Intermittent positive pressure breathing (IPPB).
- ✓ Tilt table (standing table).
- ✓ Ultrasonic nebulizer.
- ✓ Ultraviolet.

Procedures (continued)

Thermal

- ✓ Cryotherapy (ice massage) (supervised).
- ✓ Medcosonulator.
- ✓ Ultrasound.

Manual Application

- ✓ Accupressure (shiatsu).
- ✓ Adjustment of traction apparatus.
- ✓ Application of traction apparatus.
- ✓ Manual traction.
- ✓ Massage.
- ✓ Mobilization.
- ✓ Perceptual facilitation.
- ✓ Percussion (tapotement), vibration.
- ✓ Strapping (taping, bandaging).
- ✓ Stretching.
- ✓ Splinting.
- ✓ Casting.

Neuromuscular Techniques

- ✓ Balance training.
- ✓ Muscle reeducation.
- ✓ Neurodevelopmental techniques (PNF, Rood, Temple-Vay, Doman-Delacato, Cabot, Bobath).
- ✓ Perceptual training.
- ✓ Sensoristimulation.
- ✓ Facilitation techniques.

Ambulation Training

- ✓ Gait training (crutch, cane, walker).
- ✓ Gait training (level, incline, stair climbing).
- ✓ Gait training (parallel bars).

Miscellaneous

- ✓ Aseptic procedures (sterile).
- ✓ Functional training (activities of daily living) including:
 - Self-care training.
 - Transfers.
 - Wheelchair independence.
- ✓ Orthotic training.
- ✓ Positioning.
- ✓ Posture training.
- ✓ Preprosthetic training includes the following:
 - Desensitization.
 - Strengthening.
 - Wrapping.
- ✓ Prosthetic training.
- ✓ Postural drainage.
- ✓ Home program.